

## FRONT



## BACK



### INCHES

SIZE in	Bust	Waist	Hip
XS	34.3	26.4	36.2
S	36.2	28.3	38.2
M	38.2	30.3	40.2
L	40.2	32.3	42.1
XL	42.1	34.3	44.1
XXL	44.1	36.2	46.1
XXXL	46.1	38.2	48

### CENTIMETERS

SIZE cm	Bust	Waist	Hip
XS	87	67	92
S	92	72	97
M	97	77	102
L	102	82	107
XL	107	87	112
XXL	112	92	117
XXXL	117	97	122

**Recommended fabrics:** Corduroy, Velveteen, Cotton, Linen, lightweight denim, etc.

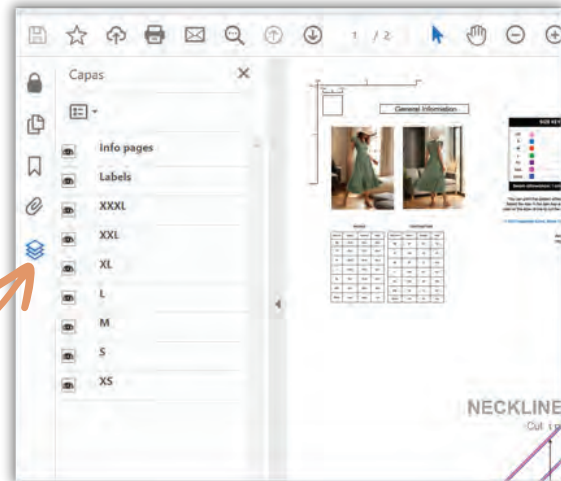
# Before Starting

**You can print sizes separately. You need to use ADOBE READER, which is free to download.**

1 - Click the **layers icon** on the left side.



2- Click the **eye icon** of the size you want to hide. By default all sizes will be printed.



3- Print.

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## PRINTING OPTIONS:

### Print Shop (A0 File):

Request a 100% scale print with no scaling or tiling. Verify accuracy using the test square on the pattern page.

### Print at Home (A4 or US Letter File):

Our patterns are sized to fit correctly A4 and US Letter.

Select "Actual Size." Print only the first page and measure the test box on the first page. If correct, proceed.

# USEFUL Sewing Tips



## Use a straight stitch

A straight stitch is the most basic and versatile stitch. Start with a simple, **straight stitch** and then move on to more advanced stitches as you become more confident.



## Practice on scraps first

Before you start your project, practice your stitches and techniques on scraps of the **same material**.



## Press your seams

Use **an iron** to press your seams. Pressing your seams is a crucial step in the sewing process. It helps to set the seam and gives your project a professional, polished look.



## Lock Your Stitches

It might seem obvious, but all new sewers should get into the habit of locking their stitches, or *backstitching*. **Reverse sew** at the beginning and end of each seam to **lock your stitches** in place.

**OOPS!**

## Take breaks. It is okay to make mistakes

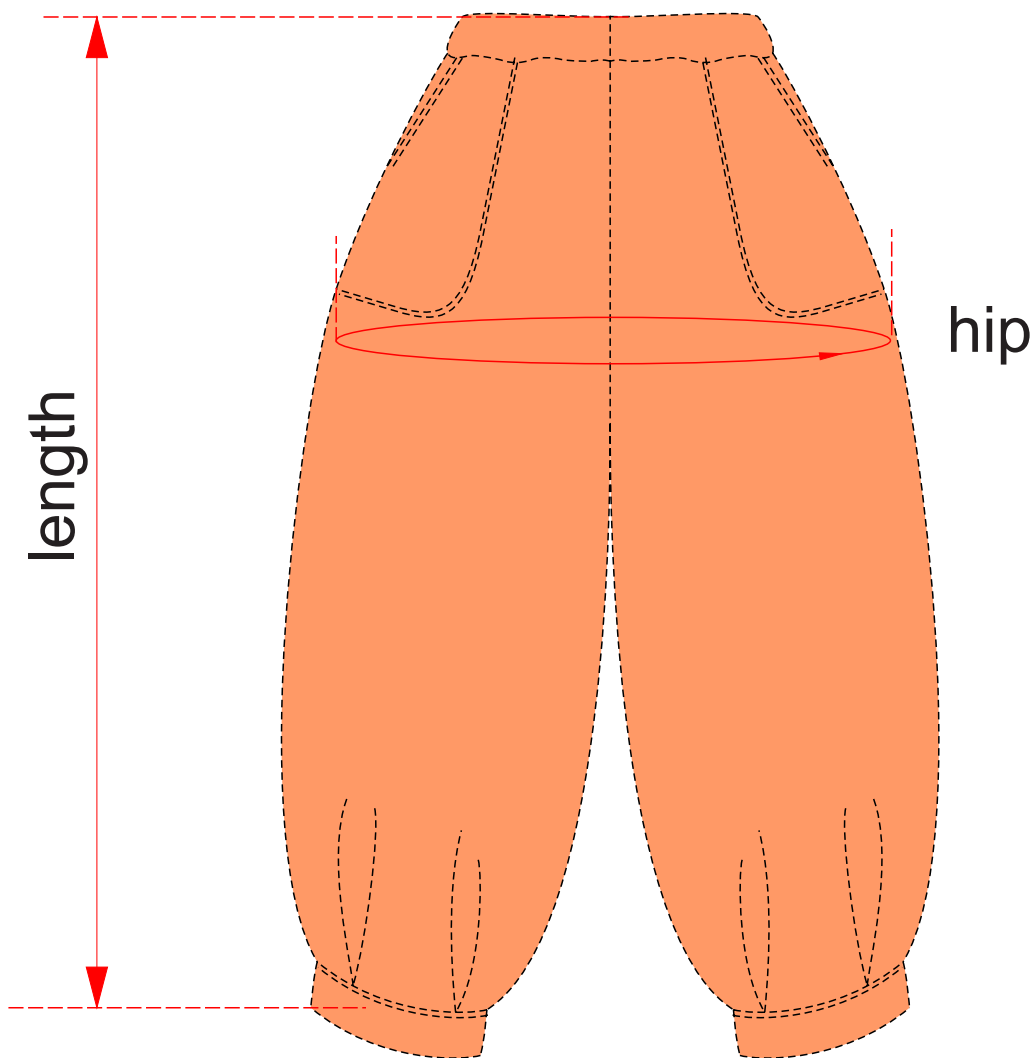
Sewing can be tiring. Make sure you have **good lighting** and a **comfortable workspace**. Take breaks when you need them, to rest your eyes and hands, and to avoid fatigue and back pain.

If you make a mistake, **don't panic!** A seam ripper is a tool that is specifically designed to help you remove stitches without damaging the fabric.



## Experiment and have fun

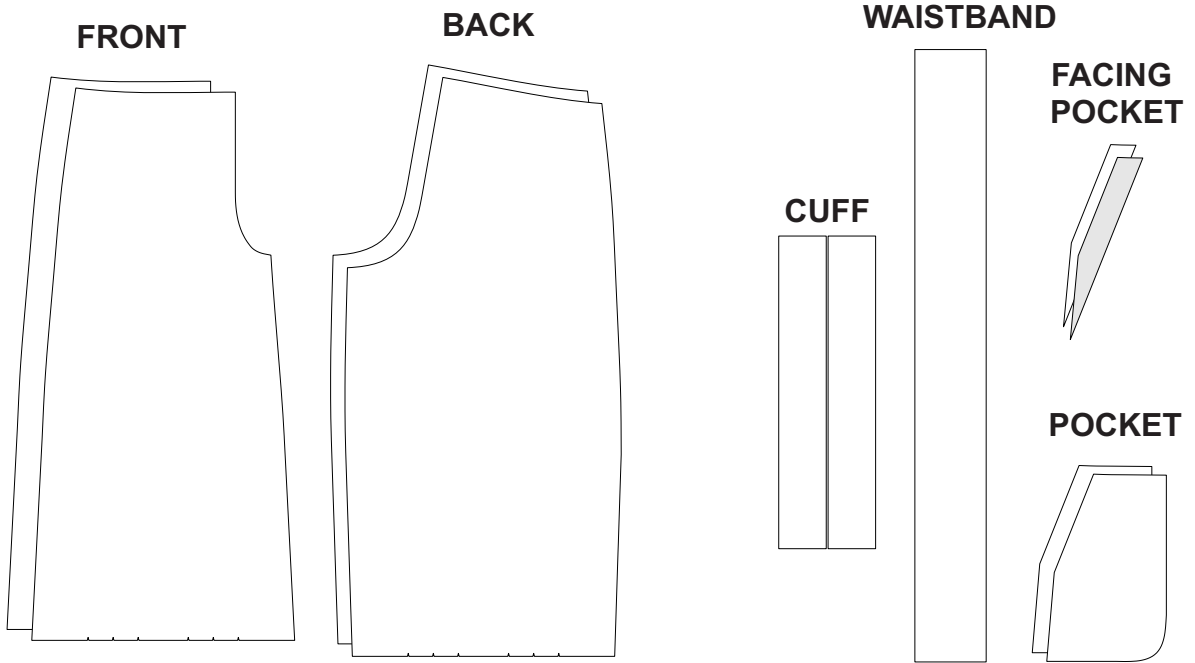
Sewing is a creative and rewarding hobby, so **enjoy the process!**



Inches     Centimeters

SIZE	Length		Hip	
	in	cm	in	cm
XS	39.0	99.1	45.5	115.6
S	39.4	100.1	47.5	120.7
M	39.8	101.1	49.4	125.5
L	40.2	102.1	51.4	130.6
XL	40.6	103.1	53.4	135.6
XXL	40.9	103.9	55.4	140.7
XXXL	41.3	104.9	57.3	145.5

## FABRIC PIECES

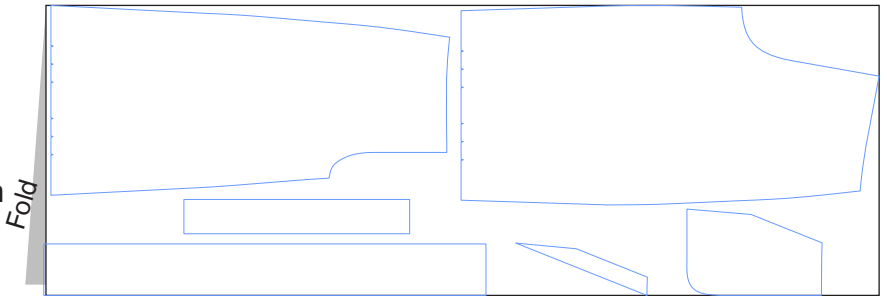


## FABRIC CONSUMPTION

Fabric standard width: 1.65 yards / 150 cm

Minimum amount needed:  
All sizes: 2.3 yards / 2.1 mts

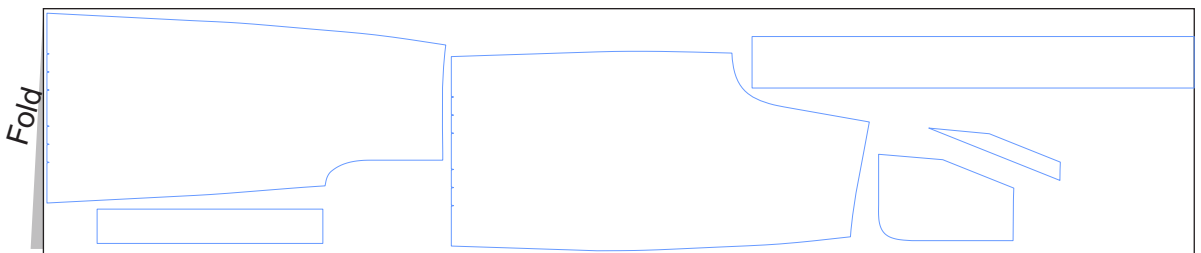
Suggested patterns position



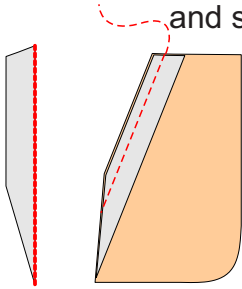
Fabric standard width: 115 cm / 1.25 yards

Minimum amount needed:  
All sizes: 3.39 yards / 3.1 mts

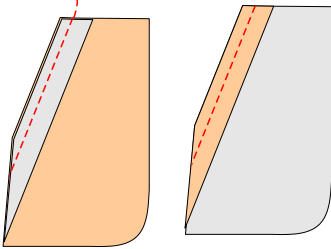
Suggested patterns position



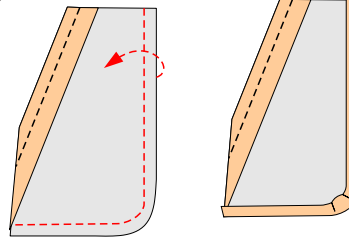
1. Overcast the edge of the pocket facing



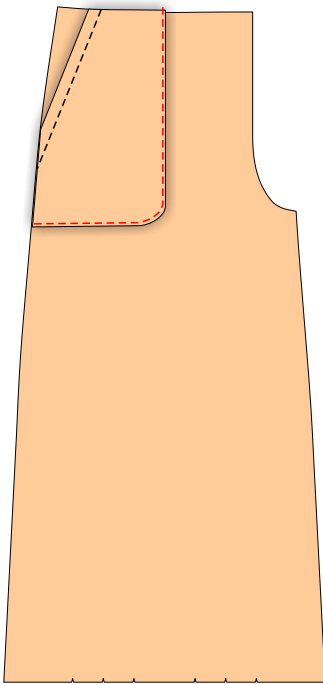
2. Sew the facing to the pocket, turn it right side out and stitch along the edge



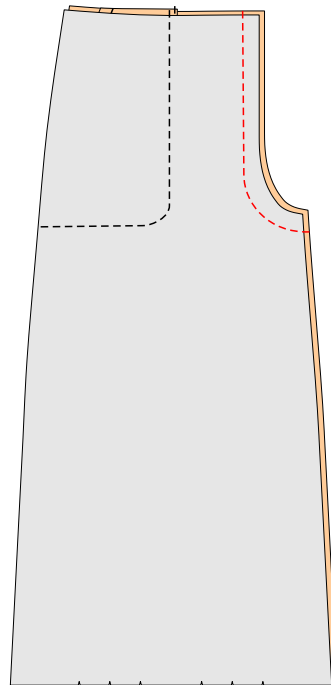
3. Press the seam allowances



4. Sew a pocket to the front



5. Sew and overcast the middle seam

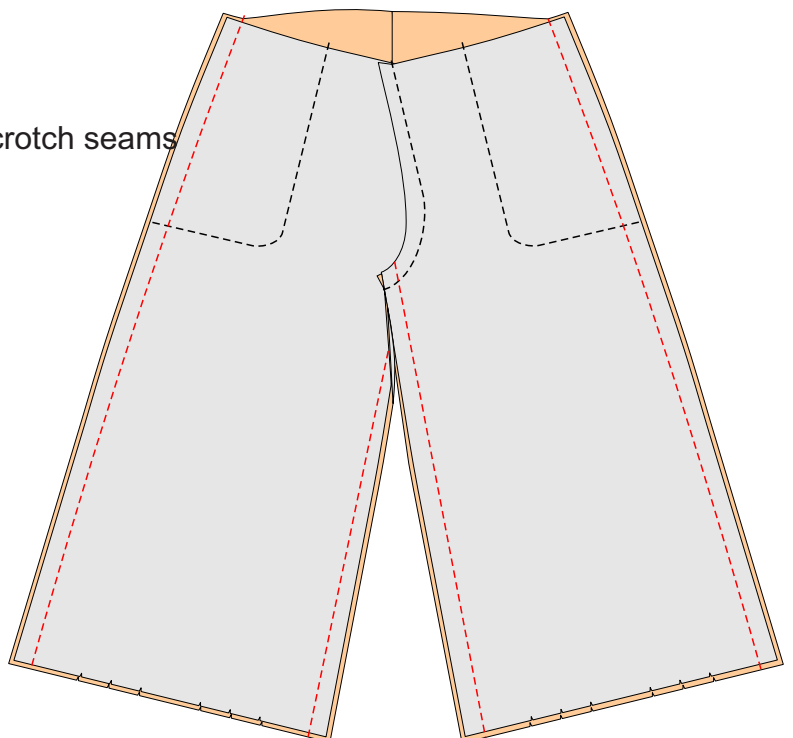


wrong side

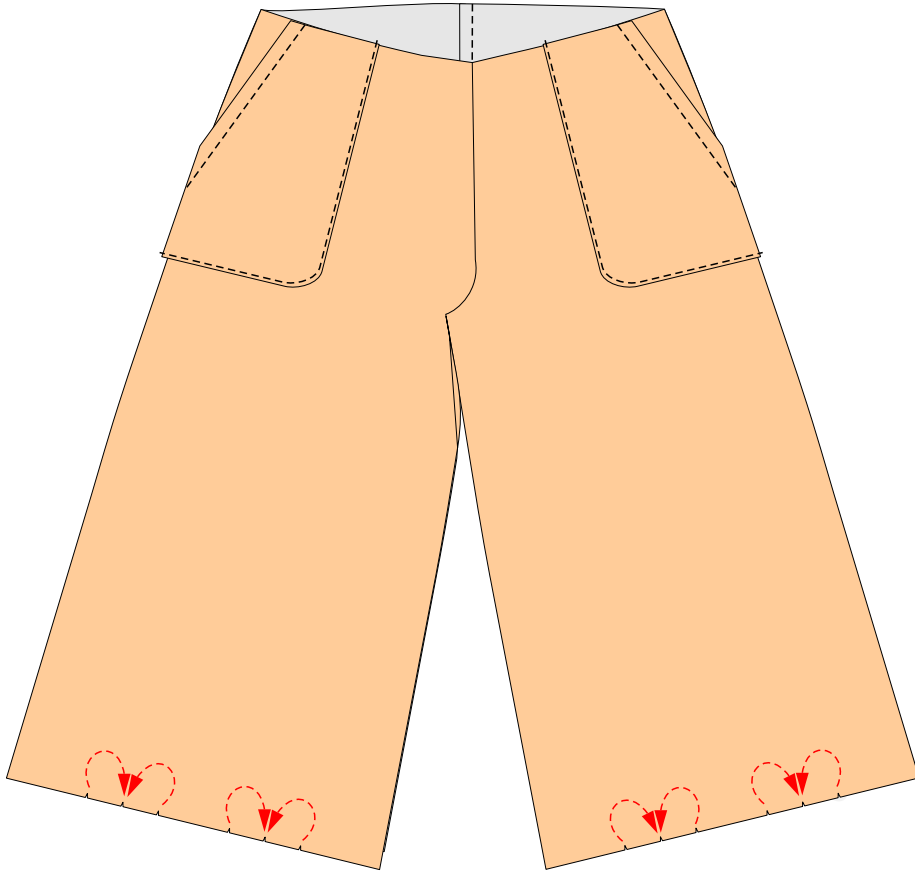


new straight seam

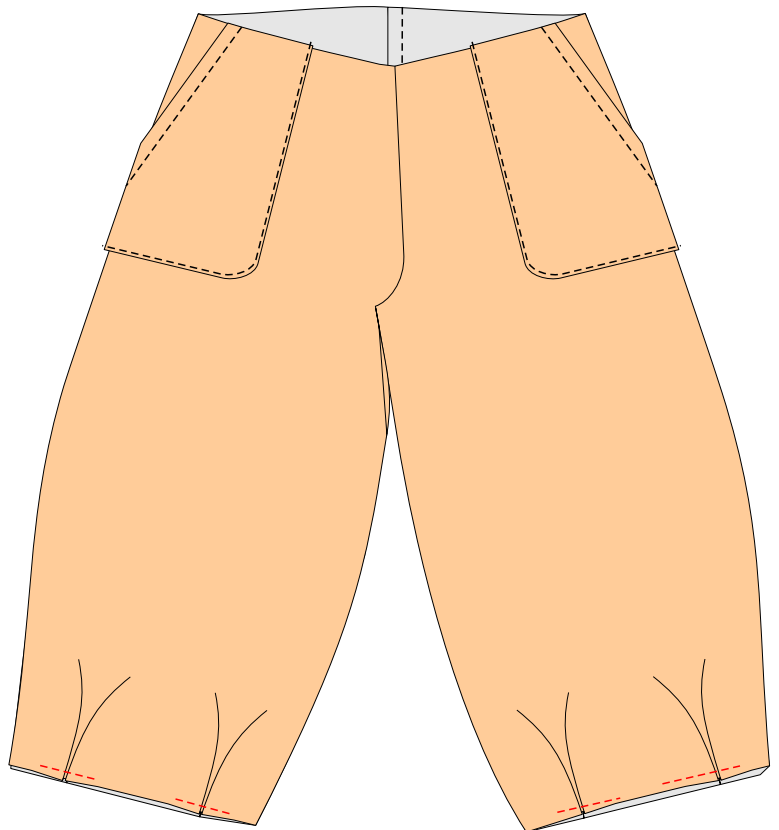
6. Sew and overcast the side and crotch seams



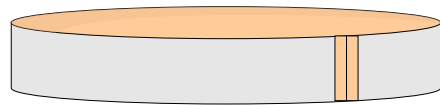
**TIP:**  
Press the garment before and after every sewing step for a perfect finish



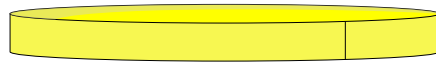
7. Fold the folds along the bottom of the trousers and stitch



8. Sew belt into the ring

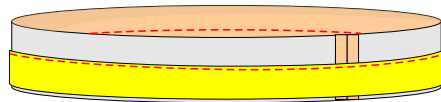


9. Sew an elastic band into the ring

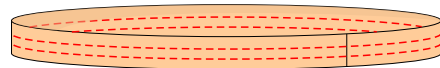
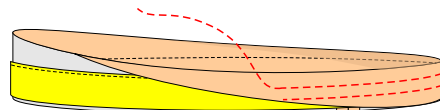


The length of the elastic band is equal to the circumference of the waist

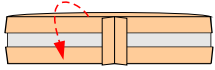
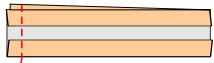
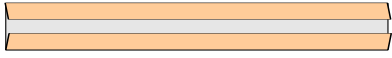
10. Sew an elastic band to the belt



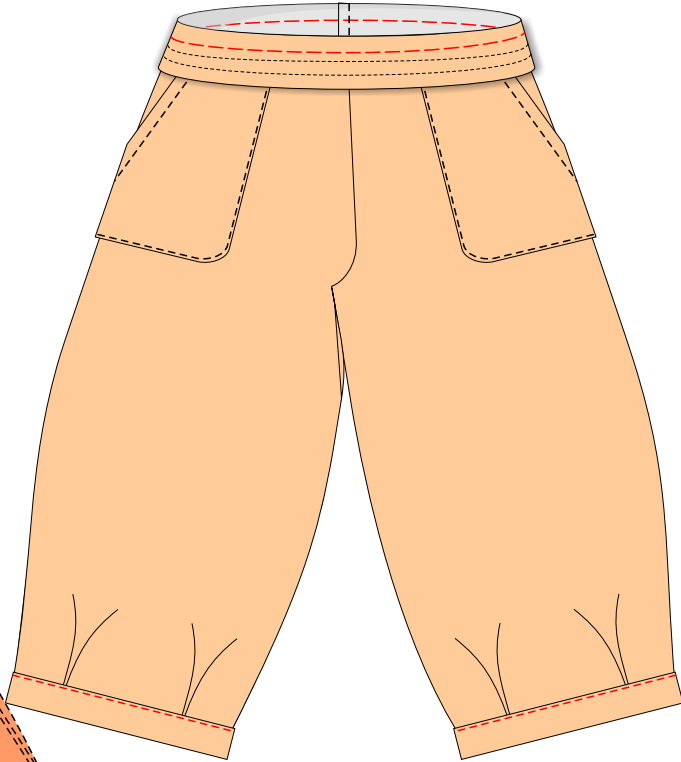
11. Close the elastic inside the waistband and topstitch



12. Prepare the cuffs: fold the seam allowances, sew the ends of the cuff, fold in half



13. Sew the waistband to the waistband, overcast the seam allowance



14. Insert the bottom of the pants inside the cuff and stitch along the edge

*The pants are ready!*

